

# PATAGONIA – TREKKING TOUR FOR ALPINE CLUBS AND NATURE FRIENDS

#### Accommodations:

Pucón (double or triple room with private bathroom in the hostel "El Nogal") Punta Arenas (double or triple room with private bathroom in Hostal "Keoken") Puerto Natales (double or triple room with private bathroom in "Patagonia Swiss House" or similar accommodation)

El Chaltén (double or triple room with private bathroom in Hostal "Alma de Patagonia" or similar accommodation)

El Calafate (double or triple room with private bathroom in the hotel "Picos del Sur" or comparable accommodation)

Santiago de Chile (two- or three-person apartments in the complex "Altura Suits" or comparable apartments)

Hike in the National Park "Torres del Paine" (Accommodation in simple shared rooms / bed storage with shared bathroom in the mountain huts - the basic package includes only a pillow and a blanket - sleeping bag is necessary!)

#### Meals:

Breakfast is included in the tour price. For dinner, we usually go to selected local restaurants together. If you do not feel like having a meal together, you can of course also part with the group and look for a suitable restaurant for yourself. The prices are in much the same way as in Germany - especially grilled beef is generally much cheaper - drinks are often a bit more expensive than ours.

Please inform us about special dietary habits prior to the trip. We will try to fulfill your wishes in the best possible way. Vegetarian diet is unproblematic. Vegan and other eating habits are possible. However, it can not always be guaranteed that there is a suitable restaurant in every place.

In the mountain huts in the National Park "Torres del Paine" a menu with meat and a vegetarian meal is offered. It is also possible to order a food package for the hike. This must be ordered before the journey begins.

## Trekking:

The extensive hiking program is included in the tour price. All tours are led by a trained trainer C - Bergwandern (Deutscher Alpenverein — German Alpine Club). For the 5-day hike through the National Park "Torres del Paine" you need a sufficiently large backpack. Unused luggage can be left in the property in Puerto Natales during this time.

## **Transportation:**

All transports are included. Most of it the trips we use the public buses. The journey from and to the bus station to the respective accommodation is done by taxi. For domestic flights, one piece of luggage weighing 20 kilograms is included.

#### Rent a car:

In order to be able to move flexibly in the area of Pucón, we will rent a rental car on 3 or 4 days. Participants from the group will run the vehicles, which we occupied with a maximum of 4 persons. These are middle class cars. If desired by the group a Mercedes Sprinter can be organized easily. However, not all possible hiking destinations can be reached with the large vehicle so that the group leader will make a selection of hiking tours.

#### **Entrees:**

Entrance fees to the national parks and all entries according to the program are included.

#### Was ist nicht inklusive?

Tips

Lunch and dinner

Daily meals for the hikes

Drinks outside of breakfast

Travel cancellation insurance

International health insurance

All activities outside the program





Arrival in Santiago de Chile and if possible on the same day onward flight to Temuco. From there we drive about 2 hours to Pucón, where the rest of the day is available for rest from the long journey.



Villarrica volcano

In Pucón

# 2. day

After a leisurely breakfast we take the public bus to the Ojos de Caburgua. These are small cascades in the forest, which we take a look on a short walk. Then there is the possibility to continue to Lago Caburgua. Here we can explore the area or take a bath in the lake.

Height difference: no significant difference in height

Walking distance: about 2 kilometers

Hiking time: about 1:00 hours



Ojos de Caburgua

Lake Caburgua – here we can swim

#### 3. day

Excursion to the National Park Huerquehue. From the bus stop we walk up to several beautiful lagoons and mighty araucaria trees. As part of a circular route, we learn about the magical landscape with the only trees that existed during the dinosaur era.

Difference in altitude: about 800 meters up and down

Walking distance:

Hiking time: about 7:00 hours



In the ascent to the lagoons

Magical landscape - only the dinosaurs are missing

## 4. day

If we have rental cars available and we get permission to drive into a private property, we walk to a fantastic viewpoint overlooking the volcano Villarrica. Just below it is a completely intact volcanic landscape with wild waterfalls. Alternatively, we will do an equivalent hike around Pucón.

Difference in altitude: about 600 meters up and down

Walking distance:

Hiking time: about 6:00 hours



The "window" overlooking the volcano



Intact volcanic landscape without tourists

#### 5. day

Trip with the rental car to the Pacific coast. The brave ones in the group may dare to swim in the quite fresh sea. In the afternoon we look at Valdivia. With a bit of luck, sea lions can be found right by the harbor, which can be impressively photographed. Alternatively, we can drive to the bay of Queule and enjoy the Pacific Ocean and try fresh fish in one of the typical restaurants (about 1

hour less travel time).

Travel time: approx. 6:00 hours for the round trip





Pacific coast at Queule

Sea lions in Valdivia

#### 6. day

Wonderful walk around the caves of the volcano Villarrica. We pass all the zones of the three beech species that appear in the ascent and can always enjoy fantastic views of the snow-covered mountain of Pucón. In the afternoon we drive with the car to the waterfall "Salto El Claro" approach and descend to him. Alternatively we drive to the Paso Tromen on the Argentine border and walk to a remote mountain lake at the foot of the volcano Lanin.

Difference in altitude: approx. 400 meters up and down Descent and approx. 100 meters up and down Descent (waterfall)

Walking distance:

Hiking time: about 3:00 hours and about 1:00 (waterfall)



The smoking volcano

Waterfall - Salto "El Claro"

Again it goes with the public bus in the national park "Huerquehue". Today, the ascent of the scenic mountain "San Sebastian" is on the program. The climb is quite steep and exhausting. Below the summit you have to fight your way up through branches and trees. The phenomenal view, however, compensates for all efforts.

Difference in altitude: approx. 1,150 meters ascent and descent

Walking distance:

Hiking time: about 7:00 hours

Depending on the agreement with the group, weather conditions and the situation on site, further hiking opportunities are available (Glacier Tour - approx. 18 kilometers and 800 vertical meters in ascent and descent - very exhausting / Quetrupillan volcano - approx. 25 kilometers and 1,550 vertical meters in height) and descent - extremely exhausting / Lagoon tour at Reigolil - about 15 kilometers and 500 meters in the ascent and descent). Since it is often through private ownership, the access rights change permanently. Often, an entrance fee is now charged for walking through or prohibited trekking on the private property.





Beautiful lookout from Cerro San Sebastian

Araucarias along the way

## 8. day

Unfortunately we have to say goodbye today and leave Pucón. You can either take the plane from Temuco via Santiago de Chile to Punta Arenas or we can take the bus from Pucón to Puerto Montt and then fly directly to Punta Arenas.

Flight time: about 2 hours from Puerto Montt or about 4:30 hours (via Santiago de Chile) Journey Bus: about 1:30 hours to Temuco or about 4 hours to Puerto Montt



Early in the morning begins our trip to Isla Magdalena. The small island on Magellan Street is home to a huge colony of penguins of the same name. Depending on the season, around 50,000 penguin couples are here.

In the afternoon we take the bus from Punta Arenas to Puerto Natales.

Difference in altitude: about 100 meters up and down

Hiking time: about 1:30 hours

Travel time by bus: about 4:00 hours



Lighthouse on Magdalena Island

Penguins on Isla Magdalena

# 10. day

Unfortunately, we are only traveling by bus today. Early in the morning we drive from Puerto Natales to El Calafate in Argentina. Because of the unfavorable connection we have about 4 hours stay and time to walk through the city. At 6:00 pm we take the bus for the last 3 hours and arrive at our destination around 9:00 pm.

Travel time by bus: about 8:00 hours



El Chaltén is already considered the Chamonix of South America today. Countless granite needles tower we find in the immediate vicinity of the place in the sky. The best known are undoubtedly the Fitzroy and the Cerro Torre. We walk from El Chaltén up to the Laguna at Cerro Torre and enjoy in good weather the fantastic view of the "Scream of Stone". It is a breathtaking sight when the weather is right.

Difference in altitude: about 400 meters up and down

Walking distance:

Hiking time: approx. 5:30 hours



Cerro Torre

Sometimes the mountain hide

# 12. day

The walk up to the lagoon under the Fitz Roy is much more exhausting. The views of the massive granite giants are impressive. Depending on the weather, it is possible for us to swap the two hikes in El Chaltén.

In the evening we take the bus back to El Calafate.

Difference in altitude: about 900 meters up and down

Walking distance:

Hiking time: approx. 7:30 hours



Fitz Roy Fitz Roy

## 13. day

After breakfast we take a tour bus from El Calafate to the National Park "Los Glaciares". On the famous glacier "Perito Moreno" we can watch the ice breaks all day and walk on the specially created jetties. Optionally it is possible to take a tour boat directly to the glacier (not included). Warmer it is, more blocks of ice fall thunderingly down into the ice-cold water and, in addition to tremendous noise, also cause small mini tunis.

Travel time by bus: about 4:00 hours for the round trip

Difference in altitude: about 100 meters Hiking distance: about 3 kilometers Hiking time: about 1:30 hours



Glacier "Perito Moreno"

An unforgettable experience

#### 14. day

Immediately after breakfast, the bus departs from El Calafate to Puerto Natales in Chile. The starting point for the trip to the national park "Torres del Paine" is reached in the early afternoon. The free time is best used for a small walking in the town or for the purchase of food for the coming days.

Travel time by bus: approx. 5:00 hours





**Puerto Natales** 

Lamb is a great treat in South America

In the morning we take a tour bus to the entrance of the national park. After paying the entrance fee and a demonstration of the behavior in the park, continue to the campsite, where a short, steep climb to a lookout point begins. The descent takes place in the direction of a hotel island, where there is the possibility for a lunch break (you must bring the lunch by your own!). We walk along the road and take a boot to the "Paine Grande" hut, where we stay twice.

Difference in altitude: about 250 meters up and down

Walking distance:

Hiking time: approx. 3:30 hours Travel time by bus: about 3:00 hours





The famous horns

Lunch break with a dream view

## 16. day

From the "Paine Grande" mountain hut we only hike with day luggage to the Gray Glacier. The rugged landscape with its countless crooked trees is magnificent and the many small icebergs on Lake Gray invite you to countless photo opportunities.

Difference in altitude: approx. 700 meters Hiking distance: approx. 24 kilometers

Hiking time: about 8:00 hours





Glacier Grey

Skewed trees

The second stage is certainly one of the most impressive sections in the National Park. Depending on the weather and performance of the group, a walk to the French Valley is a good option. The backpacks may be left behind at a campsite. The path leads steeply into the valley and offers innumerable vantage point on the highest mountain of the massif with its wild glacier and later in the valley on countless granite peaks. On the same way back to the campsite "Italiano" and continue along a large lake to the mountain hut "Los Cuernos".

Difference in altitude: approx. 850 meters up and down

Hiking distance: approx. 25 kilometers

Walking time: about 8:00 to 10:00 hours (depending on physical constitution)





The highest peak of "Torres del Paine"

French Valley

## 18. day

After breakfast, we follow the course of the lake and then descend into a valley, where our campthe chalet "Chileno" is waiting for us. If bad weather is reported for the following day, it is already possible to climb the famous towers.

Difference in altitude: approx. 600 meters up and down (optional approx. 500 meters additional)

Hiking distance: approx. 13 kilometers (optional approx. 9 kilometers additional)

Walking time: approx. 4:30 hours (optional approx. 4 hours additional)



19. day

Even before sunrise, we start today in good weather in the direction of the famous "Torres del Paine". For most participants it will be the absolute highlight of the tour, when in the morning the sun turns the rocks blood red. After the sun has risen, we descend to the hut and begin our descent to the entrance of the national park. Around 2:30 pm the bus leaves from Laguna Amarga to Puerto Natales.

Difference in altitude: about 650 meters up and down

Walking distance: approx. 21 kilometers (with the Torres del Paine towers)

Walking time: about 7:30 hours (with the Torres del Paine towers)

Travel time by bus: 2:30 hours



The famous towers in the first sun of the day

Better it is not possible!

## 20. day

Today we take the bus back to Punta Arenas and use the free time in the afternoon for sightseeing, shopping or getting some souvenirs.

Travel time by bus: about 4:00 hours



# 21. Tag

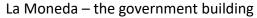
Depending on the availability of the flights, a private transfer takes us to the airport in the morning. In about 3:30 hours it goes directly or in about 4:30 hours with a stopover in Puerto Montt back to Santiago de Chile. At noon we move into our apartments and now have the opportunity to explore the city on its own or climb the Cerro San Cristobal in the heart of the Chilean capital.

Difference in altitude: about 300 meters up and down

Walking distance: about 10 kilometers

Hiking time: approx. 3:00 hours







View from San Cristobal

## 22. day

We can spend the morning at leisure again or together we can visit the presidential palace, the market halls and the Cerro Santa Lucía.

In the afternoon, return by taxi or private transfer to the airport of Santiago de Chile, where the return journey begins.

#### Fitness:

The journey requires a good basic condition. It makes sense to start with a bit of training already before the trip and thus be able to complete the specified hiking times.

## **Character of the trip:**

The journey is designed so that the first week begins in a permanent home in Pucón and then we fly to the south. The hikes increase during the first week. If you can compete well on these tours, you will not have any difficulties in the south either. Although we are in the Andes, the elevation mark of 2,000 meters is only reached on an optional tour. The danger of altitude sickness does not exist! In case of a medical emergency, we will try to organize the fastest possible transport to a hospital. Please keep in mind that there are no rescue helicopters available in Chile and Argentina, as known from the Alps. A rescue is organized with the help of local guides and mountain guides.

Due to the great distances, it is unfortunately not possible to do all trips by bus. In southern Patagonia there is currently no possibility to fly from Chile to Argentina.

## Medical history:

Our guides should know if you are taking medication and / or are suffering from a pre-existing condition. In an emergency we can save your life.

### Important notes:

RUNAKAY TRAVEL tries to accomplish all mentioned program point. Unfortunately, it is especially the case in the south that the weather or other reasons (for example road blockades in case of strikes) make a change to the itinerary necessary. For this we ask for your understanding.

Due to the difficult booking situation of the accommodations in the National Park "Torres del Paine", there is the possibility that the program needs to be adapted accordingly. In such a case, it may happen that the overnight stay and sightseeing in Santiago de Chile have to be canceled. In this case we try to add interesting hike to the program.

Please also note the travel advice of your Foreign Ministry.

After your booking and sending the travel confirmation we expect the payment of 20% of the travel price. We request the missing amount at least one month before the start of the journey.

Please note the minimum number of participants during the journey. If we have not reached the necessary number of persons until 2 months before the start of the journey, we will personally contact you and discuss the further procedure.

The trip presented here is only suitable for people who already have experience with hikes in the high mountains. Before sending the travel confirmation, we will personally discuss whether the trip is suitable for you.

The information was compiled on 08.06.2019 for you.